



CARSON

# Charts of the Week

**Carson Investment Research**

January 19 - 23, 2025

# Chart of the Week

## The 2025 Rally Was Earned, Not Bid Up

- The S&P 500's 17.9% return was driven mostly by fundamentals, not valuation: earnings growth = 14.3% vs multiple growth = 2.1%.
- Same 17.9% story through the income statement: sales growth = 8.8% + margin growth = 5.5%, with dividends = 1.5% and multiples = 2.1%.
- Translation: the market "did the work" via better growth/profitability. Less reliance on hoping valuations keep stretching.

Sales growth & margin expansion powered S&P 500 returns in 2025, much more so than multiple expansion

### S&P 500 Total Return Drivers



Data source: Carson Investment Research, Factset 12/31/2025

Next 12-month data used for earnings, sales, margins and multiples.

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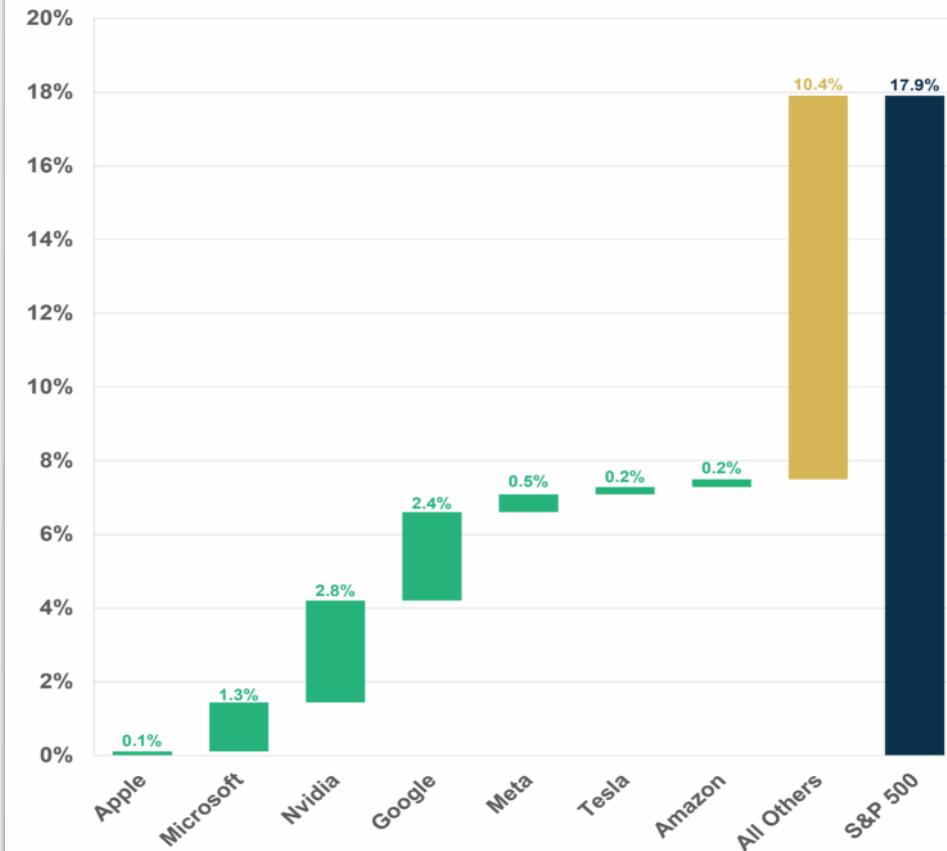
# Equities

## Broader Than the Headlines

- The S&P 500's 17.9% gain wasn't a one-trick pony: "All Others" contributed 10.4% of the 17.9% total.
- The "Mag 7" names shown (Apple, Microsoft, Nvidia, Google, Meta, Tesla, Amazon) sum to about 7.5% contribution, meaning the majority came from the rest of the market.
- Nvidia (2.8%) + Google (2.4%) did heavy lifting, but breadth still mattered.

**2025 benefited from Mag 7 contributions, but it was far from a top heavy year**

Contributions to S&P 500 Total Return for 2025



Data source: Carson Investment Research, Factset 12/31/2025

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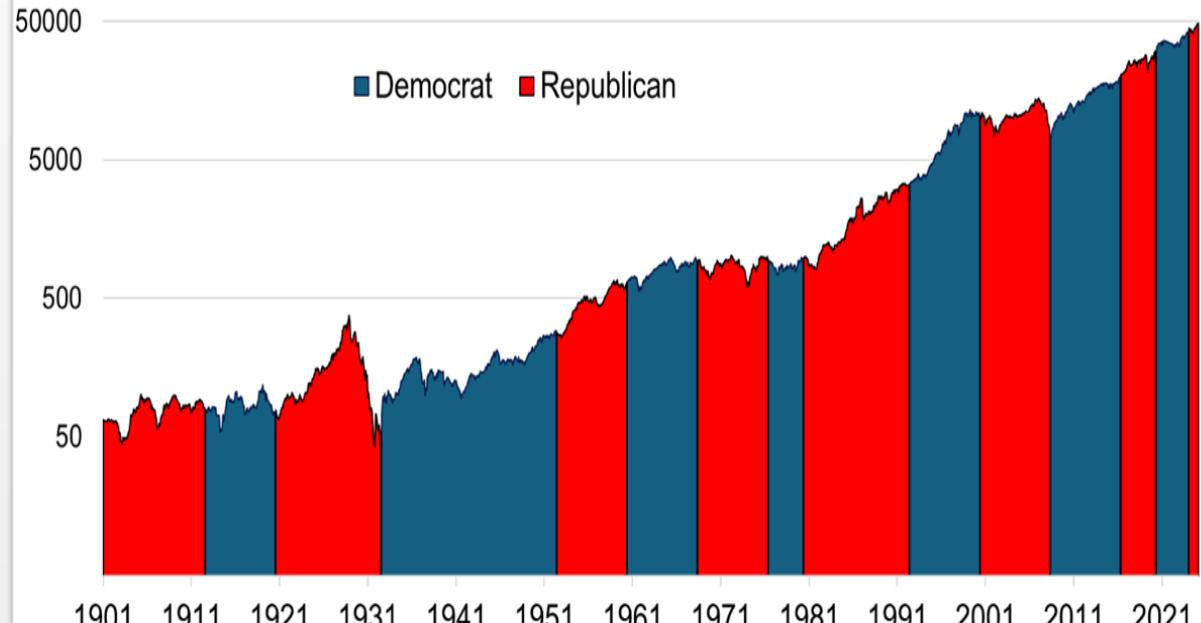
# Equities

## Politics Changes, Markets Compound

- The long-run trajectory of Dow returns keeps rising through both red and blue stretches, meaning, compounding doesn't "switch off" with party changes.
- The visual punchline is the title itself: if you anchor to party, you risk missing the bigger driver (time in the market).

### Don't Mix Politics And Investing

Dow Returns (Log Scale) Since Teddy Roosevelt Was In Office (1901 To Current)



Source: Factset, Carson Investment Research 12/31/2025

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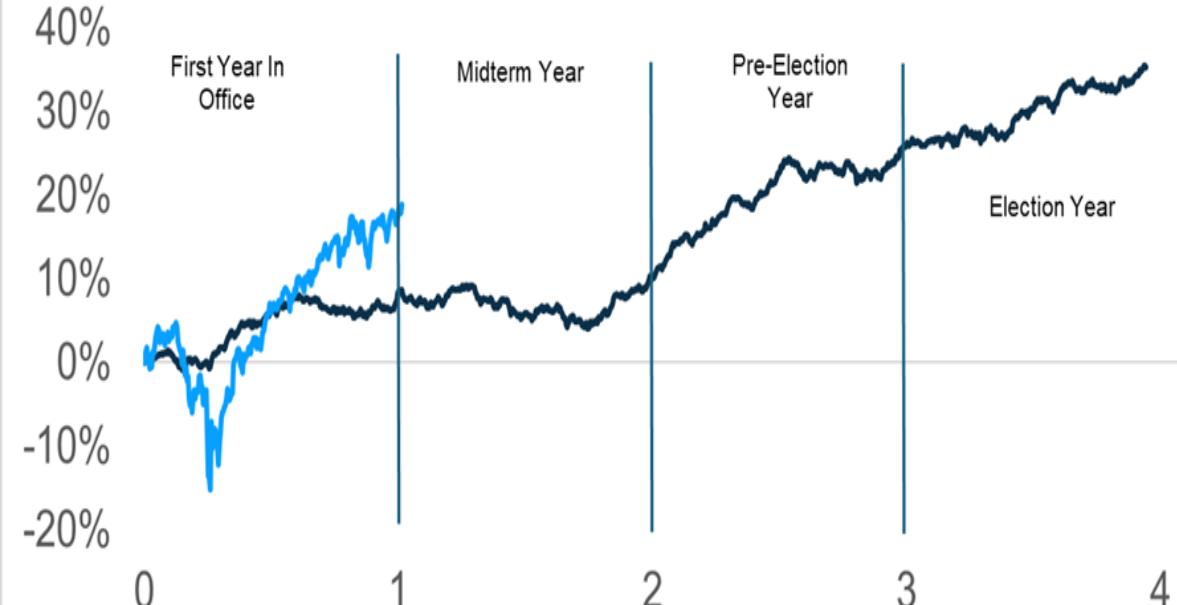
# Equities

## Often a Pause, Not a Collapse

- The four-year cycle line shows the midterm year (year 2) is historically the “chop zone” where progress often stalls before improving into years 3 and 4.
- The current cycle path is visibly more volatile early than the average which could be useful framing for client expectations when markets feel noisy.

### Midterm Years Can Be A Pause

—Four-Year Presidential Cycle    —Trump 2.0



Source: Carson Research, FactSet 01/16/2026 (1928 - Current)

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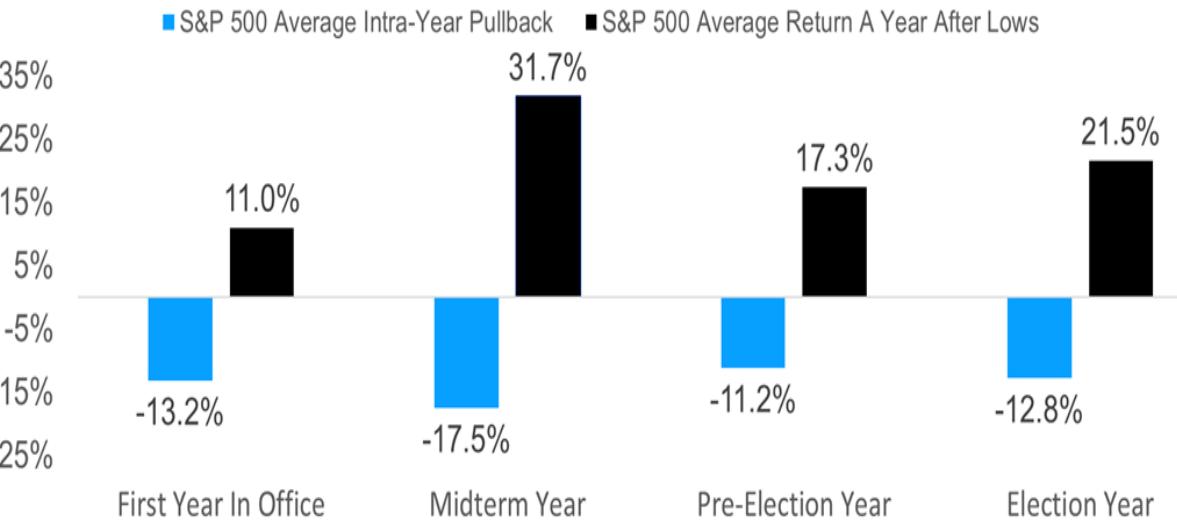
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## Midterm Drawdowns Are the Feature

- Historically, the midterm year has the largest average intra-year pullback: -17.5% (vs -13.2% first year, -11.2% pre-election, -12.8% election year).
- The flip side is the rebound profile: average return a year after the lows = 31.7% in midterm years (highest of the cycle buckets shown).

### Midterm Years See The Largest Intra-Year Pullback

Pullbacks and Returns A Year Off The Lows For The S&P 500 Index Based On The Four-Year Presidential Cycle



Source: Carson Investment Research, FactSet 01/18/2026 (1950 - 2025)



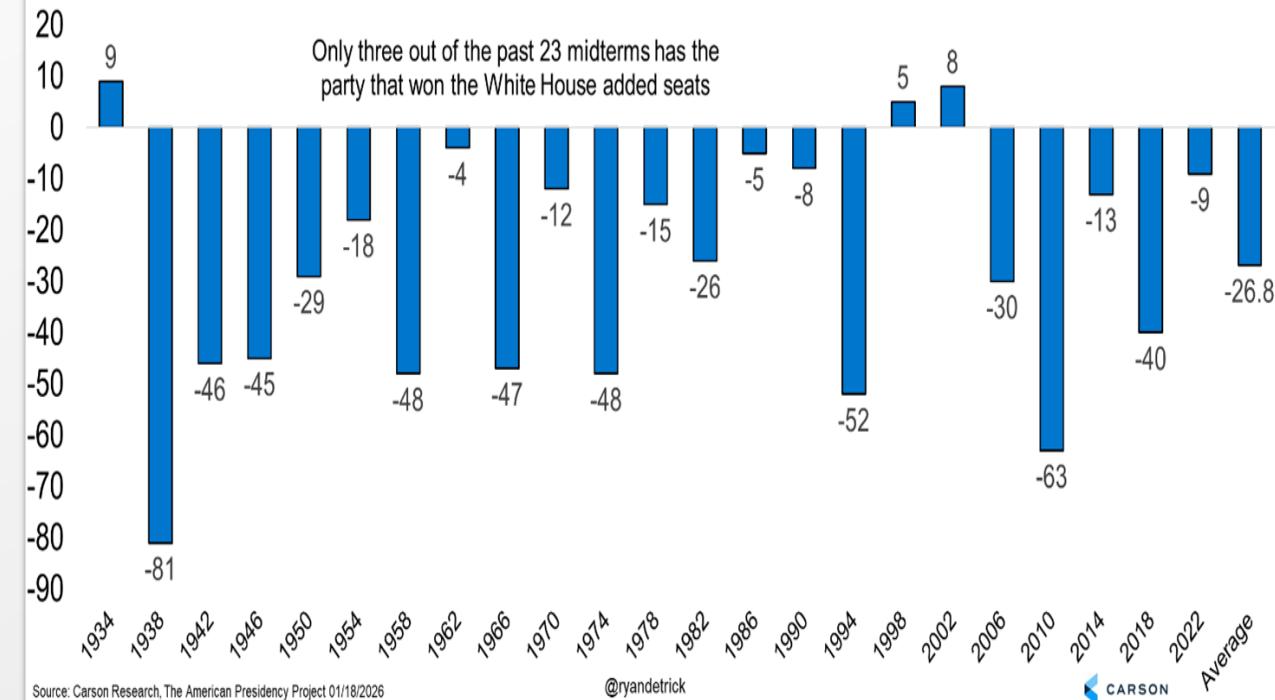
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## Midterms Usually Punish the Party in Power

- The chart states it directly: only 3 of the past 23 midterms had the president's party gain House seats.
- The far-right shows an average seat change of -26.8. The default outcome is losses, not a coin flip.
- Practical Takeaway: election-year positioning based on “my team will win big” is historically fighting the base rate.

### The Party That Wins The Election Tends To Lose Seats In The House

House Seats Lost/Gained By President's Party In Midterm Election



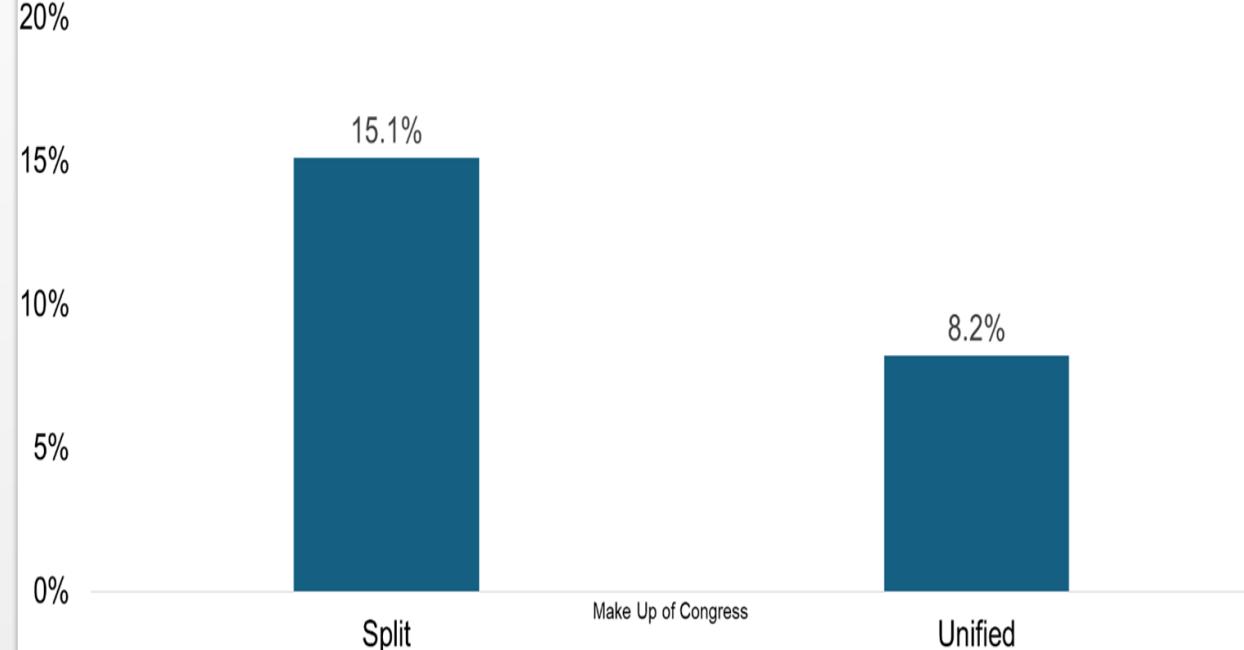
# Equities

## Gridlock Has Been a Tailwind (Historically)

- Average S&P 500 annual return with split Congress: 15.1% vs unified: 8.2%.
- That's nearly double the return in the split vs unified comparison shown. The market often likes fewer big policy swings.

### A Split Congress Tends To Be The Best For Stocks

Average S&P 500 Annual Return (1951 - 2025)



Source: Carson Investment Research, FactSet 01/20/2026 (1951 - 2025) Starts in 1951 with the 82nd Congress  
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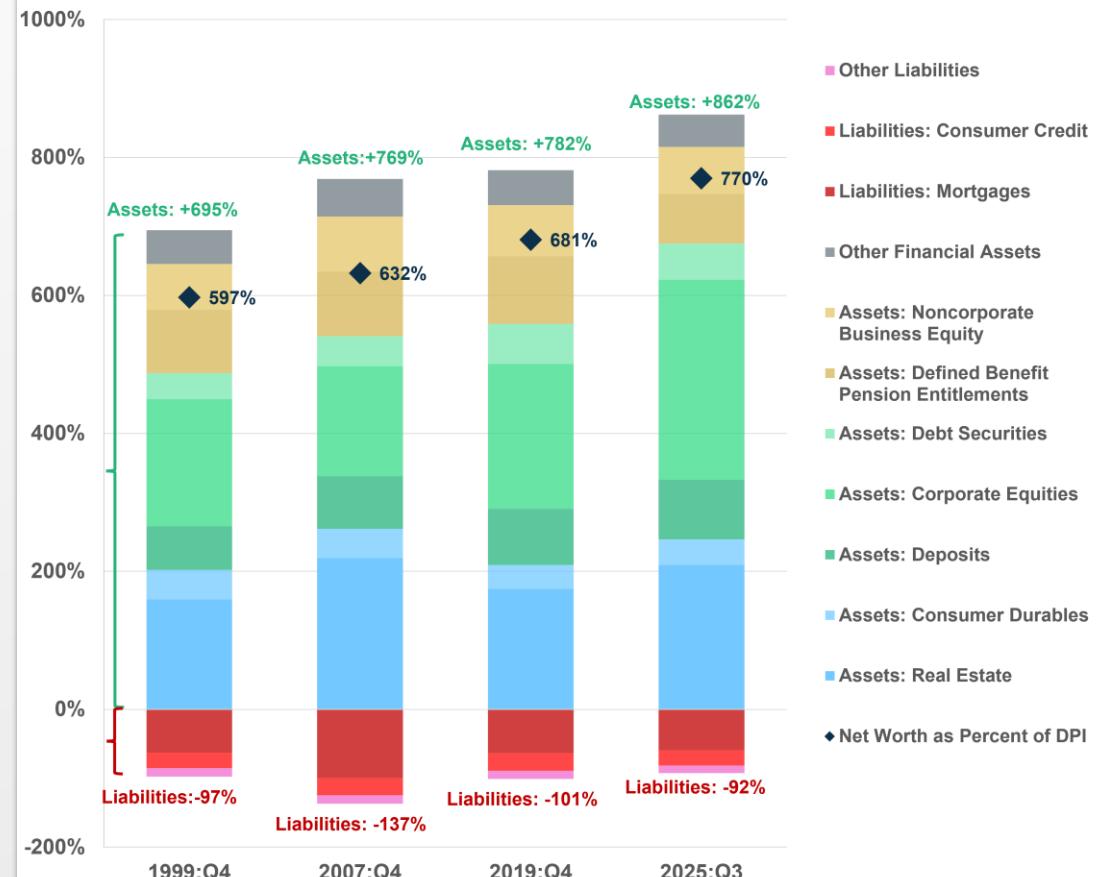
# Consumer

## Households Aren't Tapped Out

- By 2025: Q3, assets are ~862% of disposable income while liabilities are ~-92%. Net worth is marked around 770%.
- Net worth moved from ~681% (2019:Q4) to ~770% (2025:Q3) even with higher rates in between.
- This supports a “balance sheets are a cushion” framing (not a guarantee, but the setup is stronger than 2007).

### Aggregate household balance sheets are in good shape right now

Household Balance Sheets: Assets, Liabilities and Net Worth  
As Percent of Disposable Income



Data source: Carson Investment Research, Federal Reserve 01/16/2025

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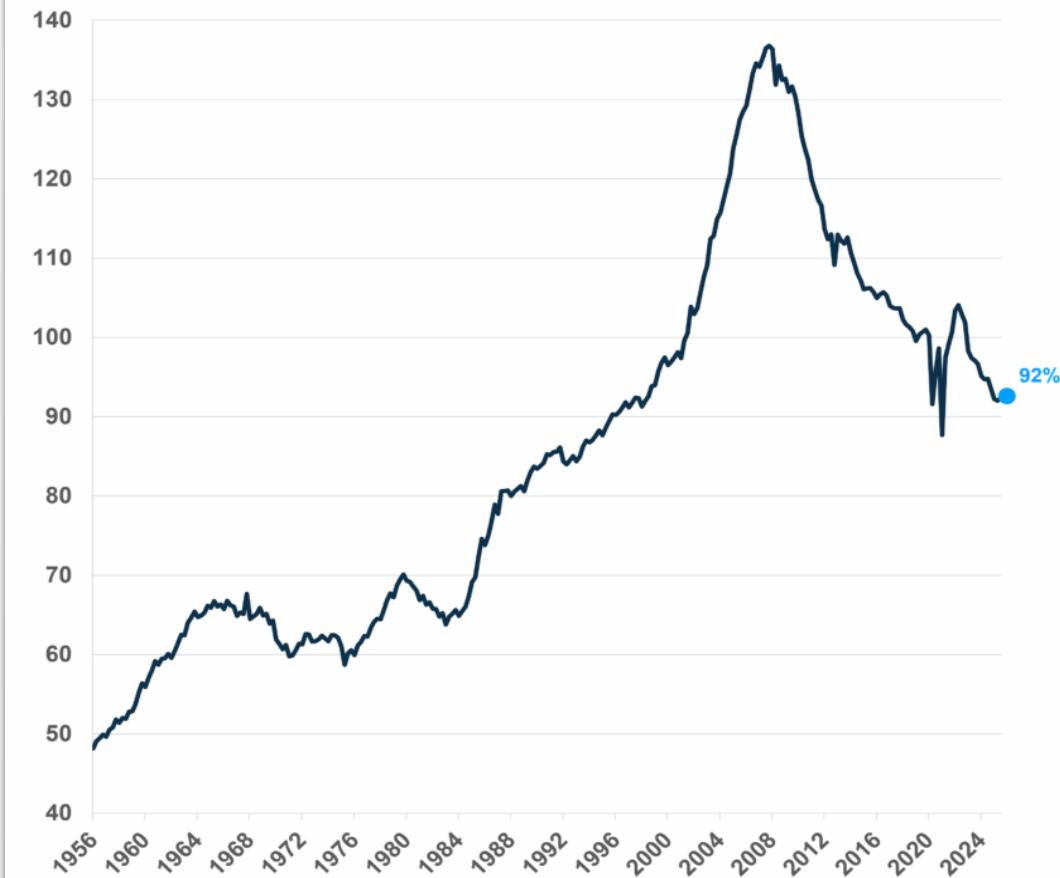
# Consumer

## The Consumer Is Less Levered

- Household liabilities as % of disposable income sit around 92% now, down sharply from the ~135% peak around the GFC era.
- The chart's headline holds: leverage is lower than at any point in the last ~25 years shown (with a note about 2021's stimulus distortion).

American households are much less levered than at any time over the last two and half decades\*

Household Liabilities  
As Percent of Disposable Income



Data source: Carson Investment Research, Federal Reserve 01/16/2026

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\*Except briefly in 2021, when stimulus checks went out and boosted disposable income



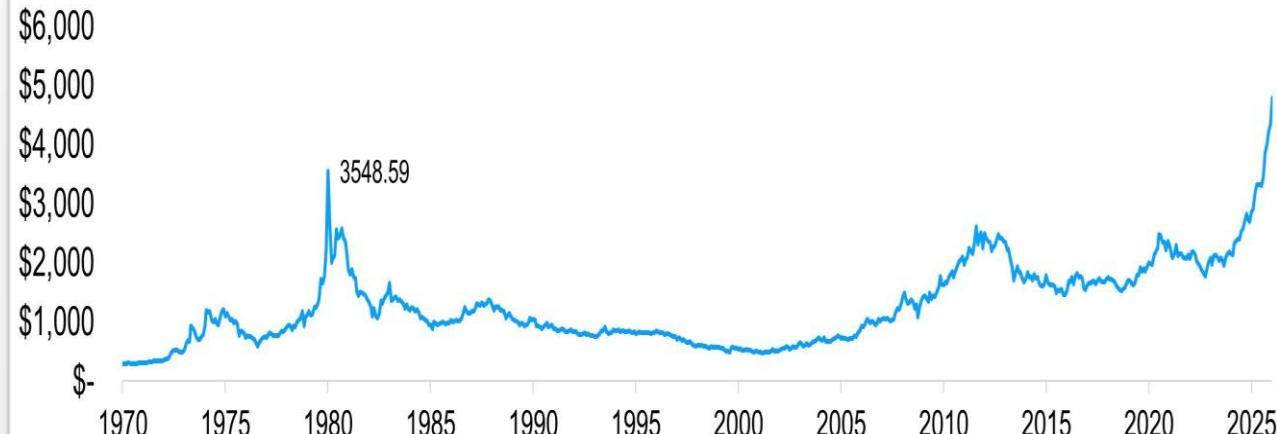
# Gold

## Gold Just Rewrote Its Real High

- The chart flags the prior inflation-adjusted peak in 1980 at ~3548.59 (real price).
- The current move pushes above that prior real peak.
- A historic rally on gold continues marking new highs into 2026.

### Gold Peaked 46 Years Ago Today In 1980

Real Price Of Gold Per Ounce (Adjusted Using CPI) 1970 - Current



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